

COVID-19 RESPONSE AND INTERVENTION PLAN

The safety and well-being of all our clients and families is our top priority. As the COVID-19 pandemic unfolds, we will continue to provide updates and resources to help families reduce the risk in their homes and communities.

At this time, there have not been any clients entering our offices that have tested positive for COVID-19. Out of an abundance of caution, all doorknobs, surfaces, toys, and other items in our office have been sanitized using products recommended by the CDC (Clorox Wipes, Lysol Spray, and Microban). After each session, the surfaces in the office and toys used are sanitized. Our office is fully stocked with disposable masks, hand sanitizer, Clorox wipes, and paper towels. All waiting areas within the building are sanitized and cleaned daily. The bathrooms are cleaned and sanitized daily, and the building has requested minimal traffic to limit possible exposure to illness.

With these precautions in place, in-person sessions are still being held. Overall health and well-being is our top priority. Inperson therapy is most effective and is essential for many of our clients. During these sessions, parents and the therapist work together to determine the appropriate course of action to minimize COVID-19 exposure (wearing masks, social distancing measures, etc). Please speak directly to your therapist to determine the protocols for your individual treatment. Tele-therapy sessions are being offered at this time in lieu of in-person sessions if a client or family feels that this is needed or who prefer to stay at home. Tele-therapy is offered via FaceTime or Zoom wherein confidentiality settings have been implemented.

We are asking all of our clients and families to take cautionary measures and wash your hands before and after each session. Therapists will wash their hands before and after each session as well. Although social distancing can be difficult in the office setting, therapists will maintain as much distance as possible during session to comply with the CDC recommended social distancing guidelines. Larger office space is available if a client or family is concerned about social distancing. Please talk directly with your therapist about this option.

If your child or any member of your family is exhibiting signs of illness or upper respiratory infection (specifically fever, sore throat, and cough) or has been exposed to an individual who has tested positive for COVID-19, please contact us to discuss alternative options for therapy. In the event that your therapist experiences any of these symptoms, the therapist will reach out immediately to all of their clients and families to discuss alternative options.

These are challenging times and we will continue to consult with and take actions under the guidance of state authorities. We will continue to update you as new information becomes available. Thank you for your patience and understanding during this time of rapidly changing information.

If you have any questions, please do not hesitate to contact us at (512) 843-1534.

Thank you, Charlotte Crary, LPC

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